

The European Forum for Freedom in Education is inviting you to the two-day digital workshop:

**Power relations between children and adults.  
A critical (self-)reflection on adultism.**

## THE TOPIC

**Adultism** is the discrimination that all children face on the grounds of their young age and, thus, the first form of discrimination that all people face. The term describes the **imbalance of power between children and adults**, which establishes age-related hierarchies in interpersonal relations and on all levels of societal organization. Adultism is believed to function as a fertile ground for the exercise and tolerance of all forms of discrimination.

You can find out more on the topic in the booklet "[On Adultism](#)" (english) and in extracts from the book "[Power Stories](#)" (english, german and spanish).

## THE CONTENT

In this two-day workshop, we will gain a **basic understanding of adultism** and become conscious about our own involvement in it. Starting from **our own experiences as children and adults** and adding **theoretical aspects** along the way, we will exchange, explore, reflect, laugh and get confused together.

Our goal is to **explore responsible ways of dealing with our adult power** and to gain courage for the **transformation journey** that can follow, during which we will keep learning and growing.

## WHO CAN PARTICIPATE

Whether you live together with children or accompany children professionally, whether you study something relevant or are interested for your own reasons, you are more than welcome to join!

## PRACTICALITIES

The workshop will take place **in simple English** online via Zoom on **Saturday, May 6 and Sunday May 7, 2023**, from **10:00 to 17:00** (German time)/ **11:00 to 18:00** (Greek time).

Constant changes among work in small groups, exchange in the big group, presentations, (moving) exercises and breaks create a warm atmosphere and allow us to come in trustful contact with one another.

You are kindly invited to **participate throughout the workshop's duration**, in order for the atmosphere of trust to be preserved.

We are applying a participation fee on the basis of solidarity.

**Regular fee:** 50€

**Reduced fee:** 30€

\*Please deposit a higher fee, if you want to support participants with lower financial means.

\*Please contact us, if the reduced fee does not allow you to participate.

You can **apply** by writing an email to the address

[workshop@adulthoodskritik.de](mailto:workshop@adulthoodskritik.de)

We recommend an early application, as there will be a limited number of participants.

**Participation certificates** will be sent out upon the workshop's completion.

## THE FACILITATORS

Anne and Katerina have been happily facilitating adultism workshops together since 2014.

**Anne Sophie Winkelmann** ([winkelmann@adultismuskritik.de](mailto:winkelmann@adultismuskritik.de)) has a degree in Intercultural Education. She works as an educator in a kindergarten in Berlin and as trainer on discrimination issues, especially on the critical reflection of adultism. She also writes about the topic.

**Katerina Varella** ([katerina.varella@gmail.com](mailto:katerina.varella@gmail.com)) has a master in Childhood Studies & Children's Rights. She has co-founded and worked as a pedagogue in the intercultural pedagogical project "Mikros Dounias" on the greek border island of Lesvos. Over the last decade, she is theoretically and practically working on the topic of adultism.

## THE HOST

[The European Forum for Freedom in Education \(effe\)](#) is a non-governmental organization based in Germany, which is working in the field of education since 1990. effe connects people from all over Europe, who want to shape the future of education together and to learn with and from each other along the way. effe stands for freedom in education, educational justice and diversity.

We are looking forward to sharing with you!

European Forum for Freedom  
in Education  
Europäisches Forum  
für Freiheit  
im Bildungswesen

